

**GOD IS...I AM**  
**MANIFESTING MIRACLES BY REDEFINING GOD**  
 (Understanding God *IS* a Verb)

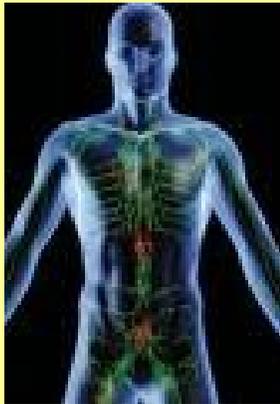


## God Is A Verb Ezine

From the Desk of Jodi McDonald



[www.godisaverb.com](http://www.godisaverb.com)



## WHO ARE WE?

I have spent a lot of time, in my recent blogs, talking to my readers about the reality of the world "out there." I find it so very interesting to really understand that what we think we see in the room in front of us is really nothing more than a projected image on a tiny section of the brain called the visual cortex. Even that is subject to enormous editing, and what we learn, after all, is that we shouldn't really say, "I can't

believe what my eyes see," rather, we should be saying "I can't believe what my brain sees." (Click [here](#) if you really want to wake up!)

All of our sensory perceptors (five senses) feed information into the brain through various frequencies, but the oddest thing of all is that the brain never, ever actually comes into contact with anything outside the skull. It is merely translating chemicals, photons, vibrations, and heat into what we then perceive to be physical objects outside ourselves. But the world isn't outside us. It is being experienced in the brain! Or is it?

Even more astounding, there is some question as to whether or not a brain is even needed! For you see, it is not really the brain observing the world...it is Consciousness. Matter, as solid form, does not even exist!

I recently heard Dr. Deepak Chopra describe our reality like this. He said, "God did not create the world. God became it. That which is Being, becomes."

When we realize exactly what that is saying,

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the world "out there" changes. We suddenly understand that the being that I AM is God. Through my eyes and yours, God perceives everything...and everything is God, being.

To make your jaw drop even further, I might also point out that different species of animals and insects experience things differently. A bat, for example, doesn't see the world with eyes. It uses sonar. Bees never see flowers, they sense honey. Dogs smell and hear things we don't. Cats sense energy before the body arrives. Obviously, there is much more going on than we are able to comprehend. Just how much? A lot!

This can be a great deal of fun, once recognized, as long as you don't let it scare you. For one thing, once we learn to detach from the body, we never worry about death, again! We understand that when Consciousness decides to slip out of these clothes, It will still exist in infinite other representations...and, just as It is doing so now...as the singular Being It Is. It never dies because it isn't really physical.

These days, I don't attach my identity to my

body, at all. I know it doesn't really exist, except as a perception of Consciousness. It is the clothing of God, and provides Consciousness the opportunity to experience possible forms out of the infinite formless possibilities that exist.

You and I aren't really "here," at all. We are non-local, in an experience where time and space don't exist. We are the same One, but have managed to fool ourselves into thinking we are two different people. But in a holographic universe, every piece contains the whole. In other words, we are identical reflections of All. How can we be this confused?

Perhaps you've heard about the experiment where flies were put into a covered jar for about 2 weeks? After that period of time, the lid was removed from the jar, but the flies (for the most part) did not leave. They had convinced themselves that the jar was the whole universe, and they very much felt there was nothing else. In short, they created their own limitations through a false sense of boundaries. Have we done the same? Yes!

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By defining ourselves as separate human beings we have opened ourselves up to fear. We have allowed others to program what we believe, and as they do, it is actually them, not us, creating our reality. When we buy into negative ideas that are played out on television screens or by others, we are actually participating in the creation of chaos and disorder. Why? Because the act of us observing and thinking about such negative things is what is moving it into form. Thus, it becomes more and more apparent that we, as healers of the world, need to stay focused on good! This is our time. We are calling back our power and standing firm on the foundation of Oneness. As we shift into a new paradigm, we will do so with the wisdom of Divine Mind.

There is such freedom in knowing who we are! It eliminates fear and moves us into pure joy. We awaken to our ability to explore possibilities, moving formless into form with our heart-based gratitude.

Spread the good news! A new dawn is on the horizon, and we greet it with the understanding of our true identity.

There is only One of us. It is God.

## MANIFESTING MIRACLES WITH EFT!!

(Emotional Freedom Techniques)  
**"SECOND SATURDAY" SESSIONS**  
 (The next session is set for Saturday,  
 March 14th! Leap into spring with a spring in  
 your step by joining us for a while.)

Join EFT-CC practitioner and participant in the milestone movie, *Try It On Everything*, Jodi McDonald, the second Saturday of every month, from **10:00 a.m.-noon**, at the New Braunfels Unity Church of Practical Christianity for **Borrowing Benefits** sessions. You won't want to miss this! All sessions are presented on a love offering basis. Prizes and refreshments are provided each month. I give out at least one free EFT session each time we meet, so if you have been wanting to try it but feel you can't afford it, this is your

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opportunity. You'll be grateful, I promise!

If you bring TWO guests with you or if you refer a client for a personal session, you win a FREE private session for yourself, so be sure to pay it forward!!

*“You’ll be glad you attended,” says one participant, “because Jodi not only shows you how to let go of the problems and diseases in your life, but she also teaches from her own metaphysical background. You’ll get much more than your money’s worth and we have a lot of fun, as well.”*

**Emotional Freedom Techniques, sometimes called “Emotional Acupuncture,” is an alternative healing method that locates the emotional cause behind the problem/disease, eradicating it by tapping on various energetic meridian points in the body, while focusing on the issue. Over 90% of those who use this technique say it works!** What are you waiting for? **JOIN US!!**

At the March session, I will talk about Dr. Joseph Murphy's amazing book, “The Power of Your Subconscious Mind.” Our borrowing

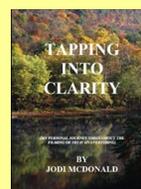
benefits session will end with a bliss meditation, but I will have to be sure we do it last, because I found that when I do it **BEFORE** we tap, no one feels any negative stuff come up! How good is that? Don't miss out on the fun!

**We've had some wonderful sessions with remarkable results. If you have a problem, disease or issue that needs healing, please feel free to ask for our help. What benefits one of us, benefits ALL of us!**

**Come on...grab some friends and join us!**

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If you would like to schedule a private EFT session, please email or call me for a free 15 minute consultation. We can then determine the best time and place to get together for your freedom session.



Click on cover to order ebook!

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## MY BLOG

If you haven't yet visited [my award-winning blog](#), you are really missing out!!! Every day I post new thoughts, and this is where you also first learn about upcoming events. To make things easier, you can [subscribe](#) to the blog, and it will be delivered straight to your inbox, each week day. (Just click on the word "subscribe," above to do so.) Just DO it!

I truly love writing the articles posted on my blog, each day. If you are following them, you are learning a lot about what is in my book! I get many private emails, with people telling me how much they appreciate the ideas I share on my blog, but that gratitude returns to you from me, also. Thank you for sharing my journey!!

I would *love* to have you add your own comments on my blog page. It's all about sharing, so let me know how you feel, also.

If you want to start receiving my blog, just click on the link above, and then be sure to confirm the subscription! Visit the archives for more!

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## CONTACT INFORMATION

You can email me at [jodi@godisaverb.com](mailto:jodi@godisaverb.com). If you need to call me, please visit my website at [www.godisaverb.com](http://www.godisaverb.com) and get my additional contact information there.

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## SAN MARCOS BOOK STUDY GROUP

I've been enjoying being with the San Marcos book study group the past couple of weeks. They are studying Gary Craig's EFT Manual. I understand they will soon have a "special" guest speaker. Hmmmm....wonder who? Well, I guess I will just have to keep attending to find out who it is! The group meets at the Unity Church in San Marcos on Wednesday evenings, from 6:00-9:00. There's still room for you to join us there! Contact Cindy Shannon-Lee at [cindy.shannon@gmail.com](mailto:cindy.shannon@gmail.com) to learn more about it.

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Please come visit me at my newest home:  
[www.jasonsnetwork.com/godisaverb](http://www.jasonsnetwork.com/godisaverb)

I recently was awarded top honors for my blogs and forum posts on Jason's Network. It is humbling to be chosen as the first Mystery Spotlight Winner among over 1,000 of the most amazing people I know!! I am also ranked #1 on Blogs on the EFT International site! Miracles manifest for those who believe!

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Remember...life is meant to enjoy! If you aren't accepting God's good, you are in the energy of resistance. Choose again!

You do not have to do anything to experience Being. You are.

**And always remember...the best compliment you can give to me is to share this ezine and my website address with all those you know and love.**

**If you want to do me a favor, please visit:**

**[www.eftinternational.com](http://www.eftinternational.com)**

**and add a comment here and there on one of my blogs, my videos, or on one of my articles. You can also add comments about the Borrowing Benefits classes or private sessions we've shared. Add as many as you want, as often as you want. Every time someone adds a comment, I move up in the ratings, so you will be**

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doing me a great service if you can help me out. Your additions are what keep me in the top 50!

Also, be sure to check out the NEW "Try It On Everything" Social Network site. You can find it at:

<http://tryitoneverything.ning.com/>

Hope to see you there!

As always, I appreciate your love and support. As you know by now....

**I LOVE YOU!!!**

**I AM...Jodi**

If you are interested in checking out a YouTube video I posted about fibromyalgia, please click [here](#) and you can watch for free!

**Thanks!!**

### HOW DO I PRACTICE BLISS??

- Heart-based meditations where you put yourself into a state of bliss, by feeling GRATITUDE and connection with God. Use sounds, smells, candles, chants, or whatever it takes to move you into that state of Being.
- Becoming "as a child" (just like Christ Jesus suggested—Matthew 18:3 "Truly, I say to you, unless you turn and become as little children, you will by no means enter the kingdom of heaven.") by reactivating your creative, right-brained FUN center (i.e., stop being an adult and just go out and PLAY for a while—doing so will make you laugh again),
- Subconscious suggestion during twilight reverie—stating your intention and feeling as though you already have it, just prior to falling asleep. You want to fall asleep with the FEELING of it as already yours.
- And EFT (Emotional Freedom Techniques) to clear out any blocks you have to receiving whatever it is you want.