

GOD IS...I AM
 MANIFESTING MIRACLES BY REDEFINING GOD
 (Understanding God IS a Verb)



God Is A Verb Ezine

From the Desk of Jodi McDonald



www.godisaverb.com



OUR SKIN IS THE CONNECTION TO ALL!

We give so much credit to the brain, believing it is the physical source of our life. What if we suddenly realized it isn't the brain, but rather, it is the *SKIN* that causes the experiences within our bodies? Well, if you've been following any of the recent studies of science, you would know not only is that possible, but it is probable! Your skin isn't separating you from anything...it is connecting you to ALL.

Within every cell there are enormous amounts of proteins. The proteins are either receptors (they receive the stimulus from external chemical messages) or they are effectors (they cause something to happen due to the external message received). For example, if adrenaline floods into the system, certain receptors designed to recognize adrenaline, in effect, reach out and grab the adrenaline. As they do, the matching effector joins with the receptor to tell the cell what to do with that information. Perhaps, for example, the heart rate increases.

Understanding all that, we have to ask ourselves how the entire process began. It all begins when something in the environment sets off the chemical reactions. Okay. How then do the proteins know what is happening outside the body? They are contained in the cell membrane, far from the outside world. It is...you guessed it...the skin! The skin is the part of the body that picks up outside environmental factors. It is the first

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responder to the information received from the outer world. Now, here is where it really gets interesting. The skin responds to the environment through what is "perceived" to be true. It is from the perception or belief that the entire chain reaction is set in motion.

Let's look at an example. If someone who is anorexic looks at a frail, fragile 62 pound frame, they perceive themselves as fat. It doesn't matter if that is not apparent to others and it doesn't matter if there is no physical cause for the weight loss. The environment outside themselves is activating a chemical reaction within, via the skin (the perceiver). They *believe* they are fat. Because the perception is "I am fat," the chemicals released into the system tell the cells to stop taking in nutrients. The stomach is told it is not hungry. Digestion slows and finally ceases. The fat deposits on the body are eaten away. The entire body responds as though it was overweight. In the end, the malnourished body dies...not because the body did not have the ability to absorb nutrients, but because a belief

caused a chain reaction in the body systems which pushed the body into starvation. The body could only respond to what the perceiver was telling it to do.

Knowing this, we can start to grasp how important our perceptions/beliefs really are. In essence, we become what we believe.

For many years, scientists told us that our DNA was in charge of everything that happens in our physical experience. We were told we have genes that determine our hair color, our sex, our probability for cancer, right down to our ability to be happy! In fact, we learned, we have 25,000 different genes. But the part we didn't get was that genes do nothing unless the proteins activate (uncover) them. Since proteins are stimulated by the environment, and the environment is brought into our awareness through our perceptions/beliefs...what if we changed our beliefs? Could that change what happens within the body? YES!

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Now, more than ever, we have the ability to begin to change our lives. We are starting to understand how much our beliefs affect our reality. We are no longer mere victims of the environment, because we have the consciousness to change our perception. What if we decided everything around us is beneficial and good for us? What if we held the perception that **GOD IS ALL?** Could we then change our biology...the chemistry of the world? Absolutely!

I encourage all my readers to look again. Recognize that God is within all and God is good. If God is for you, who or what can be against you? The only answer is...our beliefs. Change them!

Take a look at what you believe. Change the non-serving ones to those that empower and strengthen you. You have the ability to participate in the experience of life by choosing to recognize everything as *for* you. In doing so, your inner and outer worlds start to reflect God's good.

One day, we will have a good laugh at how simple this was. But for now, we have some undoing to do. I encourage you to begin now. What better time to start? What limiting beliefs are you holding, and more importantly, what freedom can you gain by replacing them with beliefs in your absolute perfection?

You are surrounded by God's good. Accept nothing less.

**“BREAK FREE” LIVE
 EVENT,
 WITH MICHAEL
 SHUSTER
 AND JODI MCDONALD!**

I am so excited about the incredible workshop I will be hosting with Michael Shuster in November. I want my readers to be the first to

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know about this...so I am sharing it with you today! Please read the information, below, and then go directly to the Ultimate Happiness and Success website to register NOW!! Early registration is recommended, because seating will be limited! The discounted price won't be available much longer. Grab a friend, and sign-up together. Do it today!

Michael and I recently did a recorded interview, and once you hear it, I know you are going to be as excited about this as I am. We have so much to share with you, and if you give us just one day of your time, we know we can change your life! We are so sure of your success, there is a guarantee!! You will never find another workshop with this much information and proven techniques at such a great price. You could easily pay well over \$1,000 for this type of workshop, but we are bringing it to you at a bargain price. It will be one of the best investments you EVER made!

Go to the website to learn much more about this, and know you will be hearing more and more from me as we move closer to this date.

As a special surprise for the readers of my ezine, I want to give you the link where this interview Michael and I did is located. If you want to listen to our interview, please go to:

<http://www.ultimatehappinessandsuccess.com/inspiration.html>

Take my word for it...this workshop is one you absolutely will NOT want to miss. Bring your friends, co-workers and family members, and Michael and I will see you on November 6 in San Antonio, Texas!

See you there!!!!

DON'T WAIT!!!
GO NOW...
CLICK ON THE LINK,
BELOW TO READ MORE!

<http://www.ultimatehappinessandsuccess.com/tx>

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STARTING TODAY!TAKE YOUR ENTIRE LIFE - YOUR HAPPINESS, PHYSICAL HEALTH, and PROSPERITY - WAY OVER THE TOP!!

Why Not? What are you waiting for? It's time for you to stop pressing that snooze button, and wake up to your true potential.

In this hands-on exciting all day, seminar you will make radical changes to your current thought patterns.

**JUST 1 DAY OF YOUR TIME ...
 ... RESULTS THAT WILL LAST A
 LIFETIME!**

Here's what you will learn:

- **ELIMINATE** your natural **FEARS & release the EMOTIONAL BLOCKS** that hold you back from achieving your dreams.

- **Develop SELF ESTEEM and CONFIDENCE** to withstand your harshest critics
- **Dramatically improve all relationships** in your life
- **Live in a constant state of HAPPINESS and PEACE**
- **Immunize yourself from STRESS & FATIGUE**
- **Easily heal common physical ILLNESSES, and PHOBIAS**
- **RELEASE** your subconscious **NEED TO JUDGE OTHERS,**
- **Conquer your concerns about how others judge you**
- **Uncover the perfect CAREER or business for YOU**
- **Discover your true INNER GUIDANCE** and how to act from your own **INSPIRATION**
- **Increase your PROSPERITY**

PLUS ... You'll receive your own customizable action plan so you'll never get off

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track again.

You have nothing to lose and EVERYTHING to gain!

Here's What's You Will Receive:

- An information packed day where you'll understand yourself better, improve your relationships with others and live stress free and happy.
- An immediate action plan (that you will customize) to start you on your way to a whole new life.
- Custom designed Worksheets and Guides to help you define your goals, track your progress, and measure your success.
- Exciting giveaways GUARANTEED to keep you on track (and they worth more than the price of admission if you purchased them on your

own).

- A 10% Discount off our Exclusive Monthly Mentorship Program.
- AND ... LUNCH IS INCLUDED!

Coming to San Antonio, TX - November 6, 2008

Available Now For ONLY

\$249.95/each

Early Bird SPECIAL: (SAVE 25%) is still going on!!!!

Register **NOW** And Pay **ONLY \$197.00!!**

DON'T WAIT!! Register TODAY!!!

If you are one of the **first 10 people** to register, you can WIN a **\$100.00 gift certificate** for a FREE Dinner!

For Full Details And REGISTRATION ... Go To:

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Don't miss this very special event!!!

We GUARANTEE it will change the way you think, feel, and live your life...FOR THE BETTER!

MANIFESTING MIRACLES WITH EFT!!

(Emotional Freedom Techniques)
"SECOND SATURDAY" SESSIONS
 (The next session is set for Saturday,
 November 8th!)

Join EFT-CC practitioner and participant in the milestone movie, *Try It On Everything*, Jodi McDonald, the second Saturday of every month, from **10:00 a.m.-noon**, at the New Braunfels Unity Church of Practical Christianity for **Borrowing Benefits** sessions. You won't want to miss this! All sessions are presented on a love offering basis!

"You'll be glad you attended," says one participant, "because Jodi not only shows you how to let go of

the problems and diseases in your life, but she also teaches from her own metaphysical background. You'll get much more than your money's worth and we have a lot of fun, as well."

Emotional Freedom Techniques, sometimes called "Emotional Acupuncture," is an alternative healing method that locates the emotional cause behind the problem/disease, eradicating it by tapping on various energetic meridian points in the body, while focusing on the issue. Over 90% of those who use this technique say it works! What are you waiting for? JOIN US!!

What beliefs did you download in your youth that are still causing you problems today? What are you attracting into your life, based on negative beliefs? How big is the pain-body Eckhart Tolle speaks of? What is blocking your good from coming to you? Are you ready to let it go NOW?

Don't miss out...we have LOTS of fun!!

If you would like to schedule a private EFT

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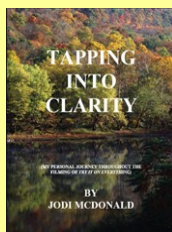


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session, please email or call me for a free 15 minute consultation. We can then determine the best time and place to get together for your freedom session.



Check out my ebook, *Tapping Into Clarity*. You will hear all about the wonderful healing I received from both Rick Wilkes and Dr. Carol Look. It was an exciting and motivating time in my life, and I'd love to share it with you. If you've been curious about the movie participants, this is the place to get more insight into who all of us are. The ebook shares touching behind-the-scenes stories, nowhere else seen, but it also has some of the funniest stories you

will ever read. The cost of the book is only \$5, so it is a great bargain, as well. If you've seen *Try It On Everything*, and you are ready to learn more, just click on this link to take you to my webpage. Go to:

<http://www.godisaverb.com/tapping.html>

MY BLOG

If you haven't yet visited [my blog](#), you are really missing out!!! Every day I post new thoughts, and this is where you also first learn about upcoming events. To make things easier, you can [subscribe](#) to the blog, and it will be delivered straight to your inbox, each week day.

I truly love writing the articles posted on my blog, each day. If you are following them, you are learning a lot about what is in my book! I get many private emails, with people telling me how much they appreciate the ideas I share on my blog, but that gratitude returns to you from me, also. Thank you for sharing my journey!!

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I would *love* to have you add your own comments on my blog page. It's all about sharing, so let me know how you feel, also.

If you want to start receiving my blog, just click on the link below, and then be sure to confirm the subscription! Visit the archives for more!

<http://www.feedblitz.com/f/?Sub=380792>

**TRY IT ON EVERYTHING
 COMPANION BOOK
 HAS BEEN RELEASED!!!**

I hope you have all heard that the new *book*, "*Try It On Everything*," is now available for purchase! It is written by the skillful hand of Dr. Patricia Carrington, who was featured in the movie. If you order the book today, you will also qualify for some special bonus prices on package deals.

Rush to www.tryitoneverything.com to order your copy today!! Be sure to get a second one

for your best friend. Thanks!!

CONTACT INFORMATION

You can email me at jodi@godisaverb.com. If you need to call me, please visit my website at www.godisaverb.com and get my additional contact information there.

Also, if you know of anyone who wants to host a showing of the movie, *Try It On Everything*, please let me know. I would LOVE to attend! The new version is out!

Still holding the intention that my publisher and I are brought together for the publication of my book, *God Is I Am*. I would love it if you would join me in this intention. The more people holding the same intention...the faster it manifests!

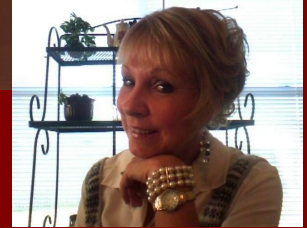
Please come visit me at my newest home: <http://www.jasonsnetwork.com/godisaverb>

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Remember...life is meant to enjoy! If you aren't accepting God's good, you are in the energy of resistance. Choose again!

You do not have to do anything to experience Being. You are. Become aware of the Allness that enfolds everything, and you will understand why nothing is impossible to those who believe.

You are the I AM. Everything is!

Namaste!!!

And please remember...the best compliment you can give to me is to share this ezine and my website address with all those you

know and love.

I AM...Jodi



My beloved Try It On Everything "family"--minus 3! L to R: Rene, Jackie, Jon, Patricia, Jodi, Donna, Bernadette