

GOD IS...I AM
 MANIFESTING MIRACLES BY REDEFINING GOD
 (Understanding God IS a Verb)



God Is A Verb Ezine

From the Desk of Jodi McDonald

www.godisaverb.com



Eckhart Tolle and "A New Earth"

Oh my! The world is buzzing with all sorts of talk about this book. Of course, holding a 10-week online session with Oprah didn't hurt! The good news is that many people are starting to open up to the idea that they are much more than once believed. The bad news is that many are still not understanding the message in the book.

When I finally got around to listening to the recordings from the Oprah Book Club classes with Eckhart Tolle, I must say I very much enjoyed hearing

him describe each chapter. He has a gentle way of explaining even the most complex topics, and I feel he reached and touched many people across the world. If you haven't listened to these, they are still available at www.oprah.com.

After I listened to the Oprah series with Tolle, I then noticed Bill Harris doing his own discussions, asking various teachers to discuss how they have come to understand the ideas in the book. I haven't been able to listen to all of those, just yet, but the ones I've heard are very good.

And then, I got another note from the Unity FM station saying Mindy Auldin interviewed Tolle, yet again. Well, it is good to be Tolle these days, I guess, although I'm pretty sure he doesn't like all this fuss about himself, personally. He never claims to be more or less than anyone else, and when he describes himself as egoless, I have to agree.

I have noticed something I'm not certain everyone else is seeing, but I want my readers to be aware of.

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When Tolle appeared with Oprah, he began each week's lesson with a moment of silence. He was demonstrating to the audience how to become still. It was an ongoing process, and the final week he no longer went through any type of ritual or reading. He simply asked the listeners to experience awareness. Ever since he did that, however, people everywhere are asking him to "lead them into the silence." They are equating this practice with a form of meditation. Pay attention! What you will discover is he is not willing to do this any longer. He realizes what is happening. People have taken his message and turned it into a method. That is not what he wants!

Because we are so accustomed to "doing," and not simply being, we are always looking for a magic formula to get us to a special place—an unique and exclusive experience. Well, if you are one of those hoping to figure out how to experience the state of Being Tolle speaks of, then please allow me to show you how.

Close your eyes. Take 5 deep breaths. Allow yourself to see a spiraling stream of white light fanning out into eternity. Bend over and kiss your big toe. Blink your eyes fifteen times while singing "Happy Birthday." Click your heels together 3 times and repeat, "There's no place like home." Now, spin in a circle and yell, "Gawdiwannaseeandbeya!"

There...you've done it! Congratulations! No, really. I'm not kidding!

If you don't want to go through all that ridiculousness, however, then here is another idea. Don't do anything. Just sit there. You can pick your nose or sip your glass of wine if you want. Or, you can merely read these words.

The point I'm trying to make is that what you do has no effect on Being. You are always Being...you cannot stop Being. It's what you do even when you aren't doing anything. Being requires nothing. It is.

What Tolle is trying to help us understand is that Beingness is the space holding all the doingness. It does not require thought or action. It is the

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Observer—the awareness.

So, how do you acquire awareness? Perhaps you have looked into prayer or meditation. Maybe you've practiced silence or walking in nature. In spite of all this, you found you still had no unique experience of Being. Nothing changed. Maybe the meditation was a wonderful experience. Perhaps the prayer touched your heart and it could be the walk in nature calmed and nourished you. But surely that can't be all there is to it, can it?

Yes! Everything is within Being...all you do, think, feel, or say. It is the collective observation of everything we experience...and more. It never stops Being, so you don't need to do anything to make it start. It always has been and always will BE. All awareness requires is the observation of it. Become aware of the Being within everything that is always aware. Observe the Observer. It isn't that you are "making it happen," but merely that you are realizing it is there. You don't have to close your eyes or go deep into meditation to experience it. Just notice the various elements of yourself—the body, the

mind, the unconscious self, and finally, the One observing all of it. After you are aware of the Presence behind everything, you begin to experience this life in a different way. You distance your identity from only one aspect of yourself, and you see a more complete picture of who you really are. In time, you come to see everything through the experience of observation. It will change everything. It will make you start to whisper, "God is a verb!"



I have to ask you to forgive me for being remiss in sending out my bi-monthly newsletter, as promised! I have been in the process of moving to a new house, and things were happening very quickly in the past month or so. At any rate, I am settling in now, and will be getting the newsletter out on time now. I apologize for the break...I know you will understand, however. Thanks for your kindness!

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New Edition of *Try It On* *Everything Will Be Out* Soon!!

The movie's producers are hard at work tweaking the next edition of the movie. They tell us they have improved the sound, added better music, and put in special feature interviews. Of course, it also contains a 6-month reunion taping of 7 of the original 10 movie participants. Should be awesome!!

Additionally, when the new edition comes out, it will be marketed in a more aggressive way with a lot of pull behind the scenes. Expect national coverage of the new release. And...as you know...expectations are soaring about us all being on the Oprah show! I hope you are holding that intention along with us, because we know how powerful it is when like minds send out a similar vibration. I'll keep you informed on the release date, as soon as I find out!

UPCOMING EVENTS!!!

The last event I attended was the San Antonio "Celebrate Life" gala held at the Wellness Center on Fredericksburg Rd. I had a wonderful time there, and I hear next year's event will be held during the evening hours...when the sun is down and the temperatures aren't quite so warm!! The *Try It On Everything* movie was shown, and Dayna (my daughter) and I sat at a booth where we sold DVDs and Cds. We also handed out candy and golf tees for free and had some wonderful conversations with new and old friends. I appreciate everyone who stopped by to say hello, and I hope to see you again soon.

At this time, I do not have any scheduled events coming up, but please continue to check my blog site for anything that might come up.

This fall, I plan to hold bi-monthly EFT Borrowing Benefit classes, once again, and I also am considering a 5-week series on my book, *God Is I AM*.

Stay tuned for more!!!

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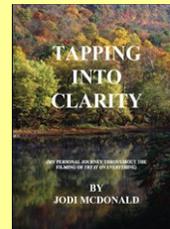
EFT SERVICES OFFERED

Look for my Borrowing Benefits sessions to start up again in September. I'm hoping to hold them at the Unity Church in New Braunfels, and will likely have them on either Friday evening or Saturday morning. I will see if I can get out the word, before then, in hopes of attracting a larger group of attendees to our sessions. I know those who attended the ones we held this past spring would tell you we have a lot of fun as we work toward health in all areas of our lives.

I not only work with you as an EFT practitioner, but I also share a great deal of my spiritual understanding, learned over a lifetime of metaphysical training. If you have never attended a Borrowing Benefits class, I urge you to try it! You will gain so much more than I can tell you, and you'll be glad you came.

If you would like to schedule a private EFT session, please email or call me for a free 15 minute consultation. We can then determine the best time and place to get

together for your freedom session.



Check out my ebook, *Tapping Into Clarity*. You will hear all about the wonderful healing I received from both Rick Wilkes and Dr. Carol Look. It was an exciting and motivating time in my life, and I'd love to share it with you. If you've been curious about the movie participants, this is the place to get more insight into who all of us are. The ebook shares touching behind-the-scenes stories, nowhere else seen, but it also has some of the funniest stories you will ever read. The cost of the book is only \$5, so it is a great bargain, as well. If you've seen *Try It On Everything*, and you are ready to learn more, just click on this link to take you to my webpage. Go to:

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<http://www.godisaverb.com/tapping.html>

MY BLOG

If you haven't yet visited [my blog](#), you are really missing out!!! Every day I post new thoughts, and this is where you also first learn about upcoming events. To make things easier, you can [subscribe](#) to the blog, and it will be delivered straight to your inbox, each week day.

I truly love writing the articles posted on my blog, each day. If you are following them, you are learning a lot about what is in my book! I get many private emails, with people telling me how much they appreciate the ideas I share on my blog, but that gratitude returns to you from me, also. Thank you for sharing my journey!!

I would *love* to have you add your own comments on my blog page. It's all about sharing, so let me know how you feel, also.

If you want to start receiving my blog, just click on the link below, and then be sure to confirm the subscription! Visit the archives for more!

<http://www.feedblitz.com/f/?Sub=380792>

CONTACT INFORMATION

You can email me at jodi@godisaverb.com. If you need to call me, please visit my website at www.godisaverb.com and get my additional contact information there.

Also, if you know of anyone who wants to host a showing of the movie, *Try It On Everything*, please let me know. I would LOVE to attend!

Still holding the intention that my publisher and I are brought together for the publication of my book, *God Is I Am*. I would love it if you would join me in this intention. The more people holding the same intention...the faster it manifests!

If you visit www.youpublish.com and type in my name, you will find all kinds of articles I have posted there. I'm doing very well there...holding one of the top spots among thousands of authors.

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You can also find me on FaceBook and on You Tube. To check out some of my videos, visit my You Tube site at mgolf7. I'm also on www.twitter.com. Go there and you can track my movements throughout each day. And finally, you can find me at www.selfgrowth.com. Whew!

Remember...life is meant to enjoy! If you aren't accepting God's good, you are in the energy of resistance. Choose again!

You do not have to do anything to experience Being. You are. Become aware of the Allness that enfolds everything, and you will understand why nothing is impossible to those who believe.

You are the I AM. Everything is!

Namaste!!!

I AM...Jodi

*If you love me
 as much as I
 love you,
 please share
 this
 newsletter
 with all your
 online
 contacts.*